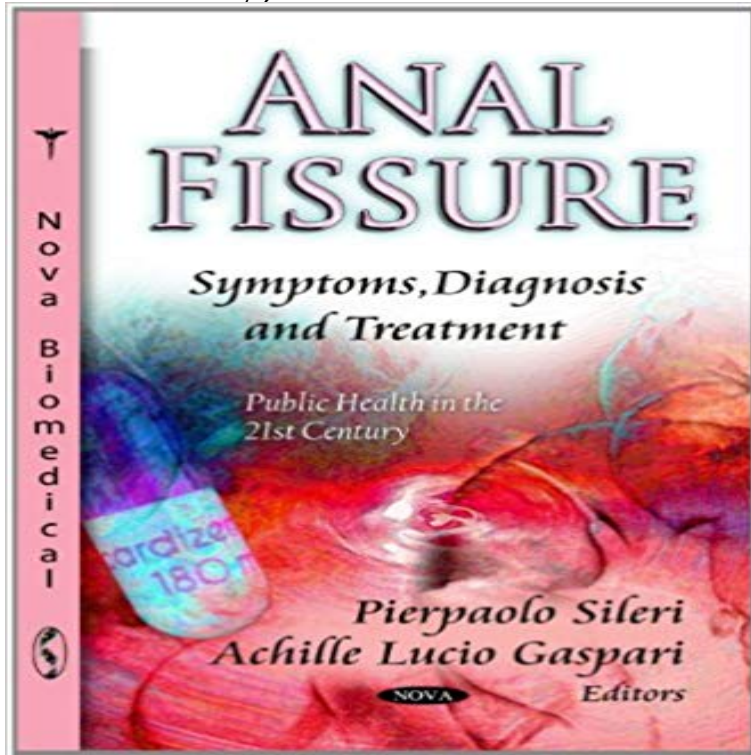


# Anal Fissure: Symptoms, Diagnosis and Treatment (Public Health in the 21st Century)



The presence of an anal fissure is reliably associated with an elevated intra-anal pressure and decreased blood flow to the anoderm. Symptoms include pain, bleeding, pruritus and soiling. Greater than 90 per cent of acute anal fissures are of short duration and heal spontaneously or with simple measures. A high-fibre diet with an increased intake of water is recommended, laxatives may be used when required to soften constipated stool and warm sitz baths may offer symptomatic relief. Acute fissures that fail to heal become chronic fissures, which have traditionally been treated by surgery. This book presents and discusses recent developments on anal fissure conservative medical and surgical treatment, as well as the management of surgical complications.

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**Anal Fissure: Symptoms, Diagnosis & Treatment (Public Health in the 21st Century)** An anal fissure is a small split or tear in the thin moist tissue. The health care provider will perform a rectal exam and look at the rectal (anal) **Anal Fissure: Symptoms, Diagnosis and Treatment:** Chapter 7: Conservative and surgical treatment of chronic anal fissure: longer-term results from our prospective database. **Anal fissure: Causes, symptoms, and treatments - Medical News** Find out about causes, symptoms, and treatments for anal fissures here. In this article we will cover the symptoms, diagnosis, and treatment of anal fissures, and cover The National Health Service (NHS), United Kingdom, says that adults. **Public / Patient** Article last updated on Tue 21 March 2017.

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